



**NEWCASTLE
UNIVERSITY**

ACADEMIC AND ATHLETIC EXCELLENCE

HOCKEY



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All about Hockey

Development Pathway

Join one of the most successful sporting clubs at the University. As one of the largest clubs, we offer playing opportunities from local and regional leagues through to the National League.

EH NATIONAL LEAGUE

BUCS PREMIER NORTH LEAGUE

REGIONAL PREMIER DIVISION

NORTH EAST HOCKEY LEAGUE

The club's development over the past 6 seasons includes an astonishing 23 league promotions across both weekend and BUCS leagues plus BUCS National Vase Champions.

Scholarships

We have a range of scholarships available from direct cash instalments, reduced academic grade offers and support services including medical support, sports psychology, S&C, academic flexibility and gym memberships.

High Performance Athletes

Subject to the course that you have applied to, you may be considered for a lower grade offer due to your Performance Athlete Status. This would be considered by the Director of Hockey and Performance Sport team and will be communicated in your UCAS offer if applicable.

All about Hockey

Performance Hockey Schedule:

MON	TUES	WED	THURS	FRI	SAT	SUN
Pitch session		Match day	Pitch session	Pitch session	Match day	

Plus S&C (squad & individual), video analysis, 1 to 1s, sports psychology support and GK coaching.

Club Hockey Schedule:

MON	TUES	WED	THURS	FRI	SAT	SUN
	Pitch session	Match day	Pitch session		Match day	

All pitch sessions take place at our brand-new facility and is simply the best you could wish to play on.

As a large club offering opportunities across all levels from National League to local league, the club is very inclusive and developmental. All players have the same opportunities to develop and progress as individuals and move throughout the club.

Alternatively, we also offer support and a clear pathway to aid those who have an interest in either Coaching or Umpiring. Qualifications, mentoring, and ongoing support are widely available both internally and from our external partners.

Our Coaching Staff

Craig Togher - Head Hockey Coach



Playing Career

Craig had a successful playing career which included full representation at county and regional levels, as it was back then.

He played club hockey throughout the North region and had success in winning a few North Regional League titles.

Coaching Career

Craig has previous National League experience and has won several North Regional League Titles. He has several years' experience of leading on Junior International Matches, EH Futures Cup and Performance Pathway. Plus BUCS Premiership North Champions and National Trophy Champions and National Vase Champions.

Philosophy

'My coaching philosophy is to develop a team orientated focus and understanding, whilst ensuring individual players' key skills and attributes are maximised and displayed to their full potential. Players have the freedom to express themselves with their input, ideas, and skill sets. All players are challenged to develop both themselves and their teammates, all in a supportive and fun environment.'

Our Facilities



Our teams play on our brand new hockey pitch, designed to provide the best playing experience for athletes of all levels. Our hockey pitch is based at Longbenton Sports Ground, just a few miles from the City Campus, and right next to Four Lane Ends Metro station. In 2024 we have also invested £700k in to improving our hockey pavilion and changing rooms. We are always looking to elevate our performance and enhance the overall hockey experience for our players and spectators.

Our Facilities

As a member of the Performance Hockey Squad, you will have a full time strength and conditioning programme with access to our modern facilities and equipment.



Ross Drummond

Ross is a UKSCA accredited coach, holds a MSc in Strength and Conditioning, and has delivered to multi-sports for over 8 years. Ross has held positions with the English Institute of Sport, RFUW, Swim England and Sunderland Ladies FC. Alongside the full-time position at the University, Ross works with Newcastle Swim Team, overseeing delivery of all swim squads: ages 10yrs up to and including the performance squad 18yrs+.

Our University



Newcastle University is a world-leading university and a founding member of the Russell Group, representing the UK's top higher education institutions. As a world top 125 university (QS World University Rankings 2023), Newcastle University inspires the minds of thousands of students from over 140 countries and delivers an outstanding learning experience that equips students for future success. Newcastle University has been rated 5th in the UK for Student Life (Whatuni Student Choice Awards 2022) and is considered a top 20 university in the UK (Times Higher Education World University Rankings 2023).

Our City



Voted as one of the UK's greatest student cities, Newcastle is a big city in a small space with a sizeable student population of around 42,000. The city has a proud reputation for sport and is home to several professional sports teams, such as: Newcastle United, Newcastle Falcons and the Newcastle Eagles. Newcastle's reputation for a great nightlife is well-known and with its thriving arts and culture scene too, there's something different to do every day of the week. A combination of the fastest growing hockey programme in the country, a world class education and nationally renowned social life, makes this programme the place to be!

Information & Links



[Craig Togher \(Head Hockey Coach\) - craig.togher@newcastle.ac.uk](mailto:craig.togher@newcastle.ac.uk)

[Instagram - @_nulhc](#)

[Linktree](#)

[Visit our University website](#)

[Visit our University Sport website](#)

[Visit England Hockey website](#)

[Visit Yorkshire & North East Hockey website](#)

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